

S&D Yachts Foundation Day Regatta

16th/17th March

SAILING INSTRUCTIONS

Abbreviations

SP	Rules for which a standard penalty may be applied by the race committee without a hearing.
DP	Rules for which the penalties are at the discretion of the International Jury.
NP	Rules that are not ground for protest by a boat. This changes Racing Rule of Sailing 60.1 (a)

1 RULES

- 1.1 The regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing 2021-2024 (RRS).
- 1.2 No national authority prescriptions will apply.
- 1.3 [DP] [NP] Adequate personal floatation devices shall be worn at all times whilst afloat. ***This alters RRS 40.*** Wet suits & dry suits are not personal floatation devices.
- 1.4 Rule 61.1 'Informing the Protestee' is changed as follows: Add to rule 61.1 (a) 'The protesting boat shall inform the Race Committee, of the boat/s being protested, at the finishing line immediately after finishing. If the boat retired before finishing, she shall inform the Race Committee via the Course boat closest to her at the same time as advising that she has Retired'.
- 1.5 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on an Official Notice Board Whatsapp Group. The Race Office is located within the Malta Young Sailors Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted not later than 09:30 on the day it will take effect, except that any change to the Schedule of Races will be posted by not later than 21:30 of the day before it is to take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the launching site, at the Malta Young Sailors Club Terrace.
- 4.2 Flag **D** with one sound means 'The warning signal will be made not less than 30 minutes after flag D is displayed. To indicate that only individual Classes may launch, **Flag D** will be displayed under the respective Class Flag. Boats shall not leave the harbour until this signal is made.' [NP][DP]

5 ADDITIONAL IDENTIFICATION - OPTIMIST BEGINNERS DIVISION

Each competitor in the Optimist **Novice Division** is required, for the duration of the event, to display a **Green** ribbon permanently fixed and free to fly from the top of the sprit. This ribbon is supplied by the Race Office. [NP] [DP]

6 NOT USED

7 FORMAT OF RACING

7.1 The regatta will consist of a single series of races.

8 SCHEDULE OF RACES

8.1 The Schedule for the duration of the event is as follows:

Date	Time	Description
16/03/2024	09:00	Coach Briefing
16/03/2024	11:00	OPTI/ILCA/IQFOIL First Warning Signal
17/03/2024	See Clause 6.3	OPTI/ILCA/IQFOIL First Warning Signal
22/03/2024	11:00	SB20 First Warning Signal
23/03/2024	11:00	SB20 First Warning Signal
17/03/2024	18:00	Prize Giving

8.2 The number of races on each day may vary depending on the weather conditions and may be reduced or cancelled altogether.

8.3 On every day of racing no warning signal will be made after 1630hrs.

8.4 The Principal Race Officer in conjunction with the Organizing Authority shall notify all competitors the time of the First Warning Signal on Sunday 17/03/2024 by means of a notice on the Official Notice Board.

8.5 So as to advise sailors that a fourth race shall be sailed that day, the Committee Boat at the finish shall **display code flag ‘L’ under the Blue flag.**

8.6 On the last day of racing, no warning signal will be made after 15:30 hours.

9 CLASS FLAGS

9.1 OPTIMIST CLASSES:

Novices Class –

IC flag ‘Romeo’

Senior and Cadet Class –

White with **Blue Opti Logo.**

9.2 ILCA CLASSES:

ILCA4

Yellow Flag bearing a **red** ILCA Class Logo

ILCA6

Green Flag bearing a **red** ILCA Class Logo

ILCA7

White Flag bearing a **red** ILCA Class Logo

- 9.3 **SB20 CLASS** **White with SB20 Class Flag Logo**
- 9.4 **IQFOIL CLASS** **White with IQFoil Class Flag Logo**

10 RACING AREAS

The race area shall be on the waters in and outside St. Paul's Bay.

11 THE COURSES

- 11.1 The diagrams in **APPENDIX A**, shows the courses for Optimist and ILCA Classes, the order in which marks are to be rounded, and the side on which each mark is to be left. Numeral pennants 1/2 or OL/IL will be displayed at least 1 minute before the Class Flag will denote the course to be sailed.
- 11.2 The diagrams in **APPENDIX B**, shows the courses for the IQFoil Class, the order in which marks are to be rounded, and the side on which each mark is to be left. The Course L1, L2 or L3 will be displayed at least 1 minute before the Class Flag will denote the course to be sailed.
- 11.3 The diagrams in **APPENDIX C**, shows the courses for the SB20 Class, the order in which marks are to be rounded, and the side on which each mark is to be left. The Course L1, L2 or L33 will be displayed at least 1 minute before the Class Flag will denote the course to be sailed.

12 MARKS

- 12.1 Marks shall be red buoys which may be automated.
- 12.2 Finish Pin-end marks shall be:
- 12.2.1 **For OPTI:** a red mark known as Mark 2;
- 12.2.2 **For ILCA:** a white mark displaying a blue flag;
- 12.2.3 **For IQ Foil:** a grey cylindrical mark;
- 12.2.4 **For SB20:** a mark displaying an orange flag.

13 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions:

- St. Paul's Islands;
- The fish farms situated just outside Mistra Bay;
- The fish farms situated close to St. Paul's Islands;

14 THE START

- 14.1 Races will be started by using RRS 26, with the warning signal given 5 minutes before the starting signal.
- 14.2 **For Optimist/ILCA** - The **starting line** will be between the Race Committee Vessel displaying an **Orange** Flag and a pin-end Race Committee vessel displaying an orange flag.
- 14.3 **For IQFOIL** - The **starting line** will be between the Race Committee Vessel displaying an **Orange** Flag and a mark bearing a blue flag on the pin-end.
- 14.4 **For SB20** - The starting line will be between the Race Committee Vessel displaying an **Orange** flag and a mark bearing an orange flag on the pin-end.
- 14.5 Boats whose warning signal has not been made shall avoid the starting area during the

starting sequence for other races. [NP] [SP]

- 14.6 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

15. NOT USED

16 THE FINISH

- 16.1 **For Optimist only:** The finishing marks will be a Race Committee vessel at the starboard end displaying a **blue** flag and a red buoy (Mark 2) on the port end.
- 16.2 **For ILCA:** The finishing line will be between a staff displaying a **blue** flag on the Race Committee Vessel at the Port end and a mark displaying a **blue** flag of the Starboard-end.
- 16.3 **For IQFOIL:** The finishing line will be between either: (i) a staff displaying a blue flag on the Race Committee Vessel at the windward end and a grey mark on the leeward end (for Slalom) **OR** (ii) a grey mark on the leeward end and a mark bearing a blue flag on the windward end (for Windward/Leeward).
- 16.4 **For SB20:** The finishing line will be between a staff displaying a **blue** flag on the Race Committee Vessel at the Starboard end and a mark displaying an **Orange** flag of the port end.

16.5 Boats that have finished racing shall sail to the waiting area well clear of the race course, without interfering with boats still racing [NP] [SP].

17 PENALTY SYSTEM

- 17.1 Appendix P will apply as changed hereafter.
- 17.2 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 17.3 **Optimist:** the penalty for breaches of Class Rules will be Standard Penalties [SP] which changes rule RRS 63.1 and may also be less than disqualification.
- 17.4 The penalty for breaches of Sailing Instructions marked [DP] or [SP] may be less than disqualification if the Protest Committee so decides.

18 TARGET TIMES

18.1 Race time limit, Mark limit and Race Target times are as follows:

18.1.1 For Optimist & ILCA & SB20

Race Time Limit	Race Target Time
75 minutes	45 minutes

18.1.2 For IQ FOIL

Race Time Limit	Race Target Time
15 minutes	4 – 6 minutes (for Slalom)
30 minutes	15 - 20 minutes (for Windward/Leeward)

- 18.2 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 18.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes, will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

19 PROTESTS AND REQUESTS FOR REDRESS.

- 19.1 To inform the Race Committee of the boat/s being protested, the boat intending to protest shall approach the race committee boat at the starboard end of the finishing line immediately after finishing and shall hail her sail number and the protested boat's sail number/s, while sailing along her starboard side.
- 19.2 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered to the Race Office in writing on paper within the appropriate protest time limit.
- 19.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the Race Committee signal no more racing today, whichever is later.
- 19.4 The Hearing Schedule will be posted on the Official Notice Board within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 19.6 Notices of protests by the Race Committee or Protest Committee will be posted on the Notice Board to inform boats under RRS 61.1(b).
- 19.7 On the last day of the regatta a request for redress based on a PC decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

20 SCORING

- 20.1 In each Class three races are required to be completed to constitute the regatta.
- 20.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- 20.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 20.4 **FOR IQFOIL ONLY:** When 8 or more races have been completed, a boat's series score will be the total of her race scores excluding her two (2) worst scores.
- 20.5 To request correction of an alleged error in the posted races or series results, a boat shall complete a Scoring Enquiry Form available at the Race Office.

21 SAFETY REGULATIONS [NP]

- 21.1 No boats are to be launched without the approval of the Beach master, see SI 4. "SIGNALS MADE ASHORE". [NP] [DP]
- 21.2 A boat retiring from a race shall notify a race committee or safety boat before leaving the course.
- 21.3 On every day of competition, Coaches or Team Leaders shall notify the Race Office, **before D flag** is displayed of the boats not intending to race that day.
- 21.4 Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes RRS 62.1(a)
- 21.5 When the Race Committee displays **V flag** with repetitive sounds, all official and support boats shall monitor the Race Committee VHF channel 72 for **search and rescue** instructions.

22 NOT USED

23 REPLACEMENT OF EQUIPMENT [DP]

- 23.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.
- 23.2 Substitution of damaged equipment may be permitted provided that the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected.
- 23.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Race Committee after the end of the day's racing. The substitution is subject to the approval of the Race Committee given retrospectively.

24 EQUIPMENT AND MEASUREMENT CHECKS [NP][DP][SP]

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

25 OFFICIAL BOATS

Only Official boats are allowed on the course, these shall display a flag bearing the letters 'RC' - Race Committee or 'S' for dedicated safety, 'P' for Press and 'J' for the Jury Boats.

26 SUPPORT BOATS & SUPPORT PERSONS [NP][DP]

- 26.1 Support persons (Team leaders, coaches, parents, guardians and other support personnel), intending to use support boats, shall obtain accreditation from the Race Office, all support boats must be uniquely identified and **carry a functioning VHF radio, Ch 72 will be used.**
- 26.2 All support boats are obliged to render assistance in safety cover if called upon to do so by the race committee. See SI 21.5.
- 26.3 Support Boats shall not interfere, guide or communicate in any form or manner with boats racing. Support boats are to keep well clear, 100mts away on upwind legs and 50mts away on downwind legs, from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 26.4 All boats associated with the infringing support boat may be penalized at the discretion of the Jury, for the race on which the support personnel failed to comply with this instruction. [DP] This changes RRS 63.1.
- 26.5 Competitors shall not approach any boat other than an official boat or registered support boat from their first warning signal of the day until they finish their last race for the day or the Race Committee signal no more racing today, whichever is later

27 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats.

- 27.1 **For SB20 only:** Competitors shall have a VHF onboard to communicate with the Race Committee on Channel 73.

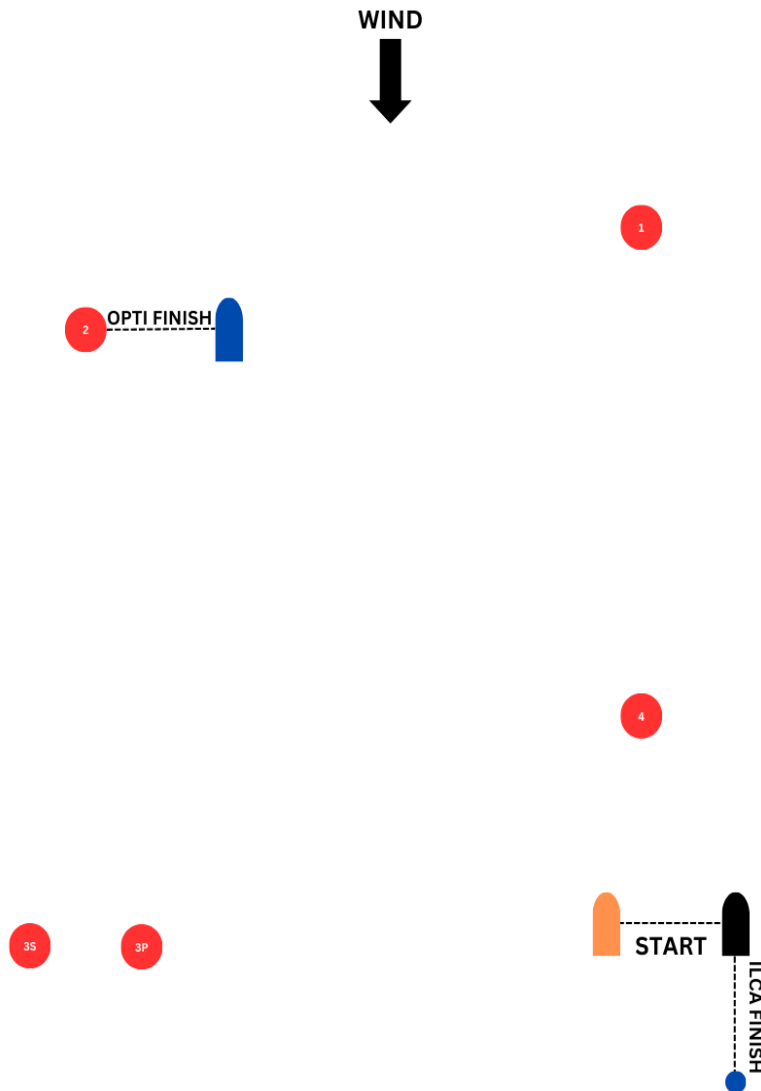
28 PRIZES



Prizes will be awarded in accordance with the Notice of Race.

29 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk and responsibility. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

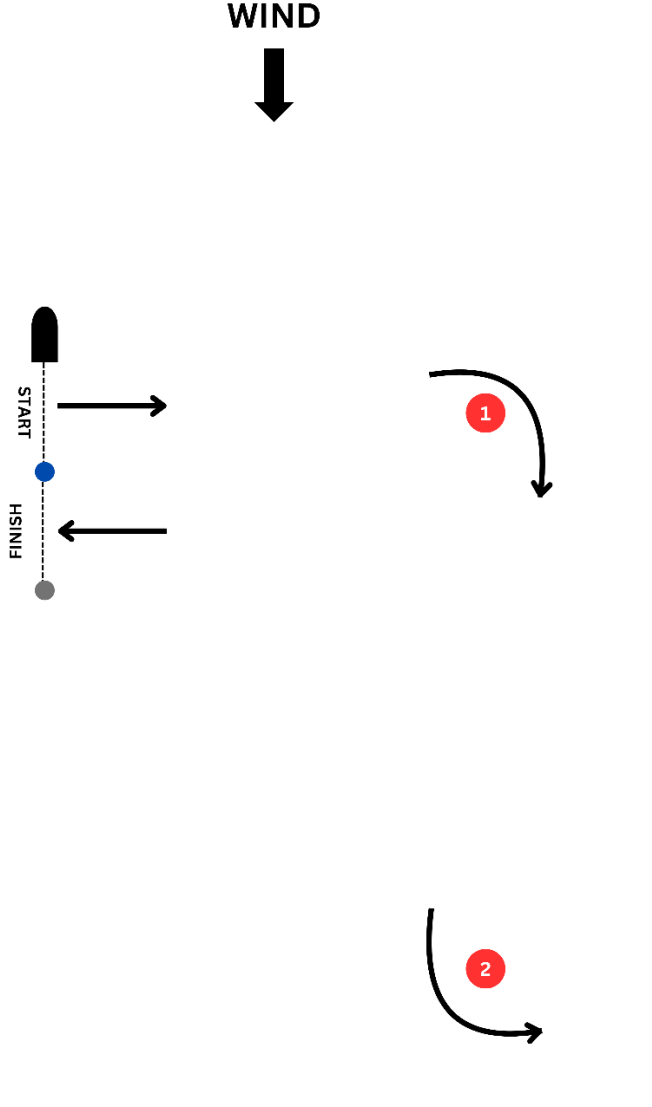
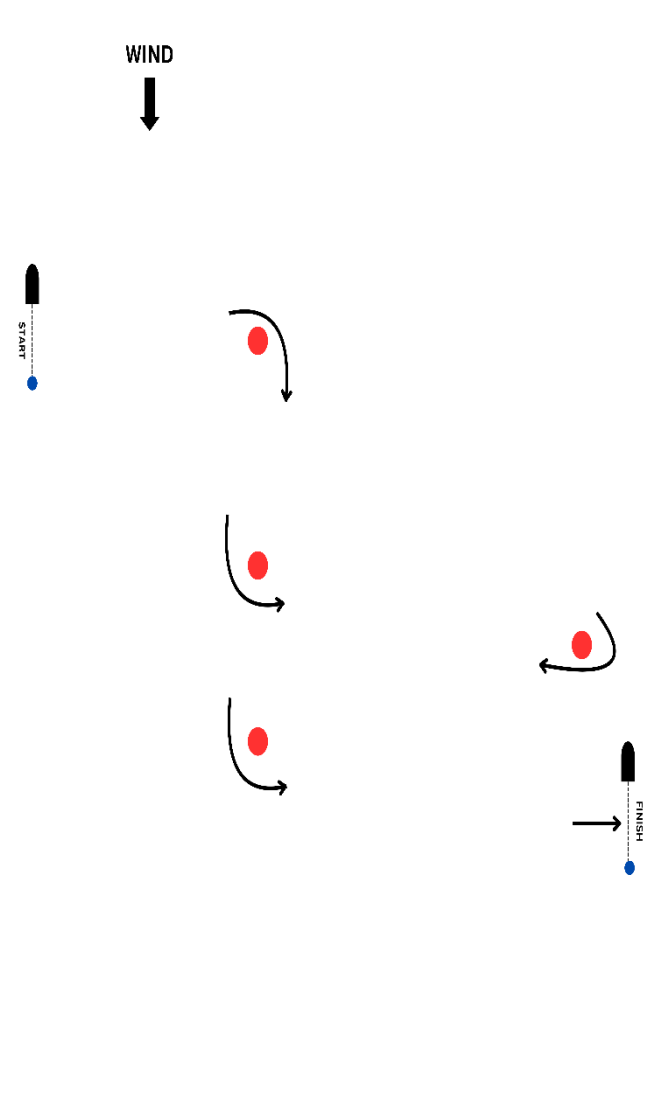
APPENDIX A – OPTI/ILCA



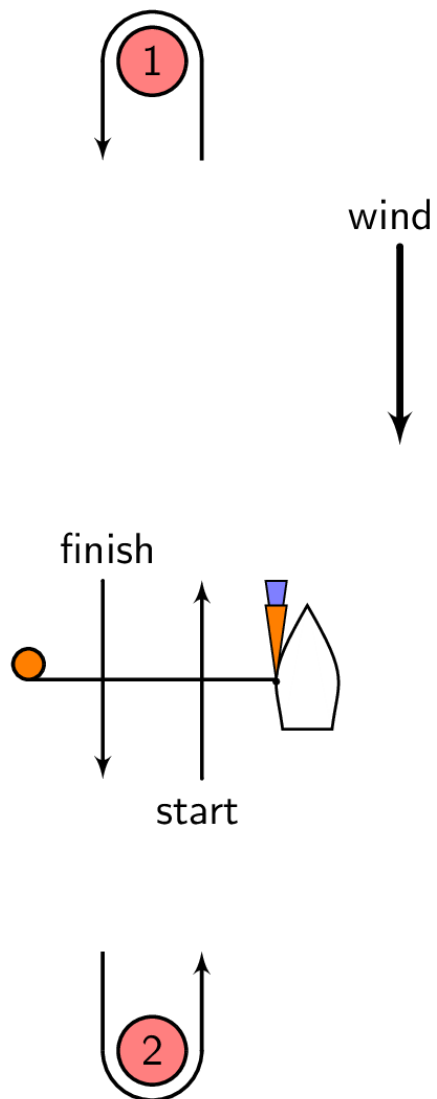
-  **OPTI Course 1: START – 1 – 2 – 3S/3P – FINISH**
-  **OPTI Course 2: START – 1 – 2 – 3S/3P – 2 - 3S/3P – FINISH**
- *Novices/Beginners Division Course: START – 1 – 2 – 3A - FINISH**

- ILCA OL: START – 1 – 2 – 3S/3P – 2 – 3P – FINISH**
- ILCA IL: START – 1 – 4 – 1 – 2 – 3P – FINISH**

APPENDIX B – IQFOIL

UPWIND/DOWNWIND	SLALOM
	
L1 - START – 1 – 2 – 1 - FINISH	
L2 - START – 1 – 2 – 1 – 2 – 1 - FINISH	
L3 - START – 1 – 2 – 1 – 2 – 1 – 2 – 1 FINISH	

APPENDIX C - FOR SB20



Signal	Mark rounding order
L1	Start-1-2-Finish
L2	Start-1-2-1-2-Finish
L3	Start-1-2-1-2-1-2-Finish